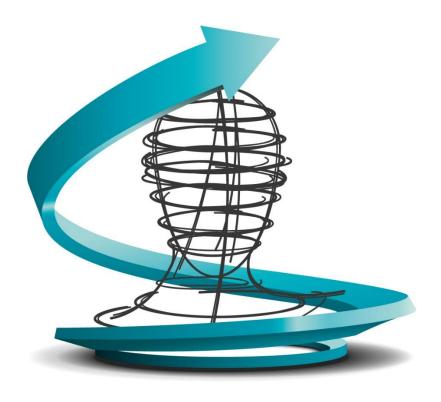


John Optimax





SPORTS PREDISPOSITIONS REPORT QUANTIFIED IDENTIFICATION OF CHARACTER

PERSONAL AND CONFIDENTIAL

January 1, 2023

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TABLE OF CONTENTS

1.	. []	INTRODUCTION		
2.	. S	SUMN	ЛARY	3
3.	. E	ENER	GETIC PARAMETERS	5
	3.1		Dynamism	5
	3	3.1.1	Dynamism Development	5
	3	3.1.2	Motivation	7
	3.2	C	Compliance	8
	3	3.2.1	Tolerance	8
	3	3.2.2	Persuadability	8
	3	3.2.3	Compliance	8
4.	. 11	NFOF	RMATION PARAMETERS	9
	4.1	li	ntellectual Level	9
	4	1.1.1	Intelligence	9
	4	1.1.2	Memory	9
	4	.1.3	Creativity1	LO
	4.2	Ir	nterests 1	1
	4	.2.1	Groups of Interests	1
	4	.2.2	Major Interests	13
	4	.2.3	Major Disinterests	14
5.	N	ЛАЈО	R POTENTIALS1	15
	5.1		eople Handling1	
	5.2		Nanagement and Leadership	
6.			S SPECIFIC RESULTS	
Ο.	6.1.		ports Related Passions	
	6.2.		eam Sports Roles Potentials	
	6.3.		raining	
	6.4.		echnique	
	6.5.		actic 1	
	6.6.	C	Competition 1	ıУ



1. INTRODUCTION

Assessment Administration

The following is the result of the Standard Character Assessment concerning **Mr**. **John Optimax**, based on the Optimax method of *Identification of Character*™. Optimax Human Performance Inc. administered the Optimax complete online Assessment on January 1, 2023.

Purpose of the Report

The purpose of this analysis is to provide a general overview of character, to indicate strengths and weaknesses and to identify personal interests.

Extendibility of Assessment Results

The Optimax method of assessment allows the report to be extended to cover other areas of interest based on the existing assessment results (no further assessment may be necessary). This particular analysis covers only a selection of personal characteristics.

Protection of Privacy

This report may contain sensitive personal information and is designated as "PERSONAL AND CONFIDENTIAL". It has been prepared strictly for personal use. Optimax Human Performance Inc. is committed to maintaining the highest standards of professional conduct. It therefore will not disclose the contents of the report, in whole or in part, to any other party, unless specifically authorized by the subject. Optimax reserves the right to use this report for promotional purposes, research, and any other activities deemed appropriate, but only in such a manner as to conceal the subject's identity.

Disclaimer of Liability

Optimax Human Performance, Inc. (Optimax) has made every effort to maintain the highest possible standards of professional integrity during the preparation of this report.

The nature of the Character Identification process is such that Optimax provides no guarantee, either expressed or implied, as to the suitability or accuracy of the assessment results or interpretation thereof. Optimax assumes no responsibility for report error incurred through either misunderstanding of assessment instructions or inaccurate, misleading, or otherwise invalid answers.

Optimax is not liable for any damages including loss of profits, loss of savings, interruption of business or any harmful consequences from the implementation, distribution, interpretation or comprehension of this report.





2. SUMMARY

Gaining an overall view is an important step in understanding the underpinnings of character. The major parameters of character are presented in a summary format before any description of character type appears. The explanation of the details of the report that follows is clearer once an understanding of psychocybernetical principles has been established.

Biological Age 22
Emotional Age 23
Dynamism 29.00 Exostatism

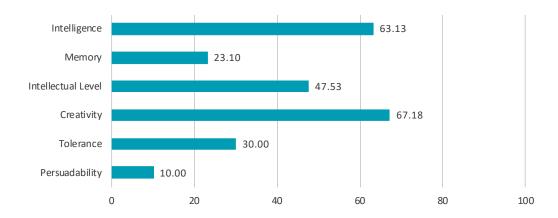


Fig. 1. General Parameters

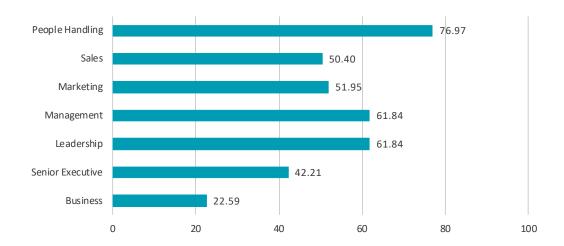


Fig. 2. Key Potential Indices in Business



Major Strengths



- → Very high intelligence
- → High intellectual level
- → Very high creativity
- → Extremely strong talents in management, organizing, leadership, mathematics, history, people handling, storytelling, psychology, caring, didactic, teaching, IT systems, computer engineering, automation, zoology, photography, handyman, active sports, passive sports, competitive sports, recreational sports, coaching sports,
- → Very strong talents in politics, social sciences, ethnography, human resources, computer programming, veterinary, sculpting, graphic designing, architecture, passive literature, sports journalism
- → Easy-going
- → Good people handling skills
- → Strong deal opener
- ightarrow Optimistic and possesses a good sense of humor
- ightarrow Comfortable in assuming risks

Major Weaknesses



- → Low persuadability
- → Disorganized, yet organizational ability is increasing
- → Relatively weak at closing deals
- → Struggles with time commitments
- → Inclined to disorder and chaos
- → Displays a tendency to improvise
- → Impatient



3. ENERGETIC PARAMETERS

3.1 Dynamism

3.1.1 Dynamism Development

Dynamism 29.00 Currently within exostatic realm.

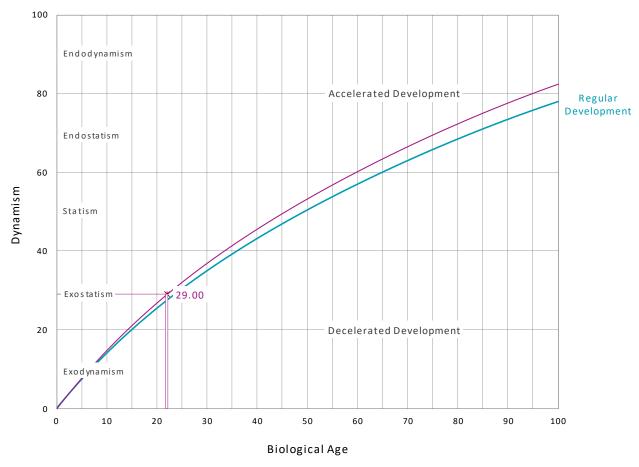


Fig. 3. Dynamism Development Curve

The diagram above represents the relationship between dynamism and Regular Dynamism Development Curve. This three-dimensional analysis pertains to emotional age and relative psychological maturity. Adherence to the Regular Development Curve indicates that the emotional age of the individual corresponds exactly to their current biological age. A Development Curve below the Regular Curve suggests a state of emotional pre-maturity or decelerated dynamism development. A Dynamism Development Curve above the Regular Curve indicates a state of emotional post-maturity or accelerated dynamism development. An individual's position relative to the Regular Curve is irrelevant.

The usefulness of this graph lies in its ability to foster a better understanding of character. Dynamism describes the dynamic nature of character and alludes to the individual's natural behaviors.

The transition time from one dynamism class to the next is often difficult and stressful. The individual experiences dramatic changes in their values, relationships and professional directions, which are associated with a temporary double-sided character. In consulting this graph it is possible to predict approximately when these transitions are likely to occur. In so doing the individuals may take steps to eliminate, minimize or otherwise protect themselves from stress.



Furthermore, knowledge of the Dynamism Development Curve enables an individual to set realistic, attainable, timely life goals and to optimize professional progress.

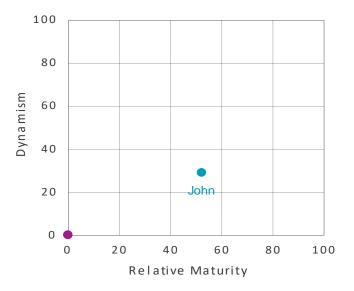


Fig. 4. Dynamism Profile

Relativ	e Maturity	Dynamism		
0 - 19.99	Immature	0 - 19.99	Exodynamism	
20 - 39.99	Slightly Immature	20 - 39.99	Exostatism	
40 - 59.99	Mature	40 - 59.99	Statism	
60 - 79.99	Very Mature	60 - 79.99	Endostatism	
80 - 100.00	Extremely Mature and Ambitious	80 - 100.00	Endodynamism	

Emotional Age 23 Mature

Emotional development corresponding to biological age (+1).

Emotional Stability Emotionally dynamic throughout most of life, currently entering an age of

increased emotional drive to action.

Emotions are defined as the reciprocal relationship between basic physiological and/or psychological processes and external stimuli. A display is defined as the expression of emotions by means of speech, body language and action.

Emotional Display Aggrandizing

Emotions are exaggerated. Emotional displays depict more than what is actually felt.

Self-Awareness 33 Moderate level of self-awareness

Has struggled with lower self-awareness throughout life. Generally uncomfortable with self. Low belief and trust in own actions. Tends to be very self-critical. Moves easily and quickly to extreme emotions and outwardly expresses them. Optimism helps get through obstacles and enjoy life.

SPORTS PREDISPOSITIONS REPORT - John Optimax Quantified Identification of Character



Individuals with lower levels of self-awareness find it difficult to evaluate themselves objectively and to acknowledge their strengths. Their behavior is self-deprecating. They often downplay their strengths and focus on their weaknesses. When comparing their strengths and weaknesses with those of others, these individuals tend to undervalue themselves.

The quantified results found in this report provide them with an objective view of their characters, not to glorify them, but to indicate the most effective way of exploiting their strengths and concealing their weaknesses. The best way to instill self-awareness, which may be lacking is through gaining an understanding of the true value of one's personal array of strengths and weaknesses. By employing this strategy, an individual may raise their level of self-awareness and succeed in designing fulfilling personal and professional lives for themselves. In general, low scoring self-awareness levels carry no negative connotations. Rather, it serves as an example of the structure of the parameters of characters, whose overall effect may be, raised or lowered to the right level by employing mentioned appropriate techniques.

Sense of Time

Impatient

Often complains of boredom and the slow passage of time. Prefers to blindly proceed instead of waiting and often duplicates efforts because of haste. Truly enjoys spending time in pleasurable ways only after duties have been performed. Can only remain interested in the initial stages when a task requires greater amounts of time. Excited by new beginnings but quickly loses interest in anything after that.

3.1.2 Motivation

Motivational Profile

Provided that there is a positive reinforcement of actions versus results.

Motivational Factors

- Intellectual challenge.
- Having to improvise.
- Freedom and independence.
- Ability to have fun and excitement.
- The expectations of others.
- Competition and challenge.
- Opportunity to shine and draw attention.
- Recognition and positive feedback.
- Optimism and sense of humor.

Anti-Motivators

- Organizational limitations.
- Oppression and physical influence over people.
- Money.
- Longevity and seriousness of task at hand.
- Opportunity to rule, exercise power.
- Dull repetition.
- Other people and external influences may be a demotivator.



3.2 Compliance

Compliance → Tolerance and persuadability are components of compliance determining a zone beyond which stimuli are rejected.

3.2.1 Tolerance

Tolerance 30 Moderate

The first reaction is neutral to what I encounter. Need time to accept or to reject something. Usually say, 'let me think' or 'call me tomorrow'.

3.2.2 Persuadability

Persuadability 10 Low

Very difficult to win over if initially negatively inclined. If initially had an opinion, almost impossible to be persuaded otherwise.

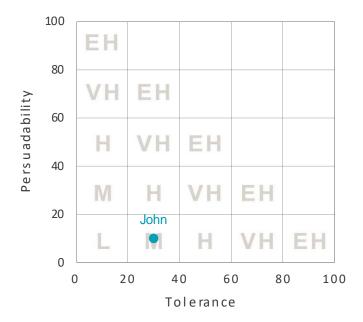


Fig. 5. Compliance

Tole	erance	Persuadability		Compliance	
0 - 19.99	Low	0 - 19.99	Low	L	- Low
20 - 39.99	Moderate	20 - 39.99	Moderate	М	- Moderate
40 - 59.99	High	40 - 59.99	High	Н	- High
60 - 79.99	Very High	60 - 79.99	Very High	VH	- Very High
80 - 100.00	Extremely High	80 - 100.00	Extremely High	EH	-Extremely High

3.2.3 Compliance

Compliance 40 High



4. INFORMATION PARAMETERS

4.1 Intellectual Level

4.1.1 Intelligence

Intelligence 63.13 Very high

Capable of understanding complex and abstract ideas.

4.1.2 Memory

Memory 23.10 Moderate

Mays not handle details very well. Has limited ability to quickly memorize new tasks.

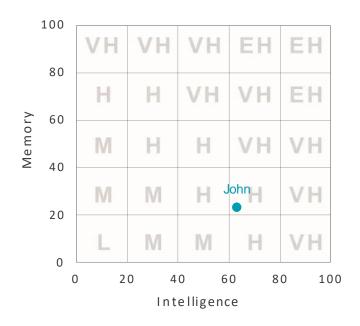


Fig. 6. Intellectual Profile

Me	emory	Intelligence		Intelled	Intellectual Level	
0 - 19.99	Low	0 - 19.99	Low	L	- Low	
20 - 39.99	Moderate	20 - 39.99	Moderate	М	- Moderate	
40 - 59.99	High	40 - 59.99	High	Н	- High	
60 - 79.99	Very High	60 - 79.99	Very High	VH	- Very High	
80 - 100.00	Extremely High	80 - 100.00	Extremely High	EH	-Extremely High	

Intellectual Level 47.53 High

Good learning abilities.

Has exceptionally good abstraction and generalization skills which combined with a memorization ability produce an above average intellectual profile.

Intellectual Type Perfectionist

Never fully satisfied with the job done.

Tends to go out of the way to try to gradually improve work.

Receiving Information Selective

Integrates only information, which supports personal views.

SPORTS PREDISPOSITIONS REPORT - **John Optimax** Quantified Identification of Character



Conveyance of Information Aberrant

Combines veritable truth with invention. Stories are exaggerated and colored by

the imagination.

Abundance of Information Inventive

Divulges more than they know for fact and colors information with personal

perspective.

4.1.3 Creativity

Creativity → The ability to channel information into original thought or action.

Creativity 67.18 Very high

Creativity Type Interpretive

Integrates pre-existing works with personal expression. Presents transformed

work such as a novel as speech, play, acting, written work, explanations, instructions, etc. Recombines elements to yield a completely new and improved

structure. Search and selection abilities are essential to creativity.

Application of Creative Interpretive

Energy Creation is the result of another person's inspiration and influence. Enjoy

interpretation and adding personal perspective to pre-existing works of art.





4.2 Interests

4.2.1 Groups of Interests

```
Management → management, organizing, leadership, politics,
Leadership → leadership, management, organizing, politics, social sciences, ethnography,
psychology,
Mathematics → mathematics, IT systems,
Politics → politics, leadership, history, social sciences, ethnography, people handling,
storytelling, psychology, management, organizing, IT systems,
History → history, politics, social sciences, ethnography,
Social Sciences → social sciences, ethnography, psychology, people handling,
Ethnography → ethnography, social sciences, politics, history,
People Handling → people handling, psychology, social sciences, ethnography, storytelling,
Storytelling → storytelling, people handling, psychology, ethnography, social sciences,
Psychology → psychology, social sciences, ethnography, people handling, storytelling, caring,
Caring → caring, psychology, teaching, social sciences, ethnography, people handling,
storytelling,
Didactic → didactic, teaching, organizing, management, leadership, psychology, social sciences,
ethnography, storytelling,
Teaching → teaching, didactic, people handling, psychology, storytelling, ethnography, social
sciences,
IT Systems → IT systems, mathematics, automation, organizing,
Computer Programming → computer programming, mathematics, automation, computer
engineering,
Automation → automation, IT systems, computer programming, computer engineering,
Veterinary → veterinary, caring, psychology,
Photography → photography,
Handyman → handyman,
```

SPORTS PREDISPOSITIONS REPORT - **John Optimax** Quantified Identification of Character



Active Sports → active sports, passive sports, competitive sports, recreational sports, coaching sports,

.

Passive Sports → passive sports, active sports, competitive sports, recreational sports, coaching sports,

.

 $\textit{Competitive Sports} \rightarrow \textit{competitive sports}, \textit{active sports}, \textit{passive sports}, \textit{recreational sports}, \textit{coaching sports},$

.

Recreational Sports → recreational sports, active sports, passive sports, coaching sports,

.

 $\textit{Coaching Sports} \rightarrow \textit{coaching sports}$, active sports, passive sports, competitive sports, recreational sports, teaching, didactic,



4.2.2 Major Interests

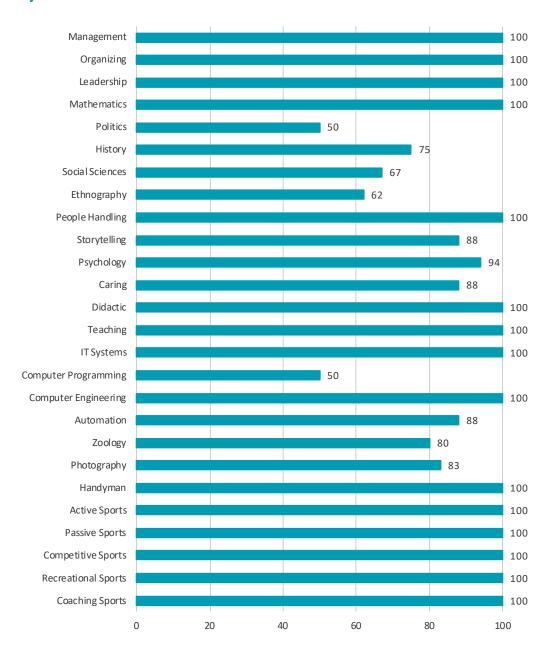


Fig. 7. Major Interests

0 19.99	Low Interest
20 39.99	Moderate Interest
40 59.99	Strong Interest
60 79.99	Very Strong Interest
80 100.00	Extremely Strong Interest



4.2.3 Major Disinterests

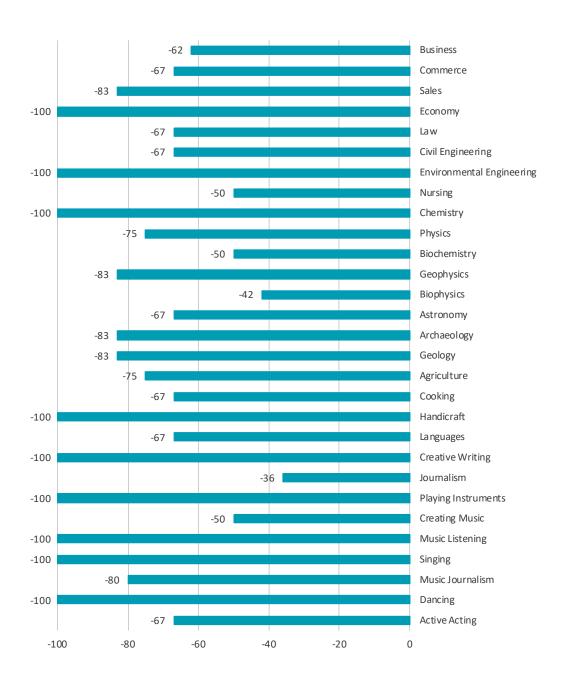


Fig. 8. Major Disinterests

0 ... -19.99 Low Dislike -20 ... -39.99 Moderate Dislike -40 ... -59.99 Strong Dislike -60 ... -79.99 Very Strong Dislike -80 ... -100 Extremely Strong Disinterest



5. MAJOR POTENTIALS

5.1 People Handling

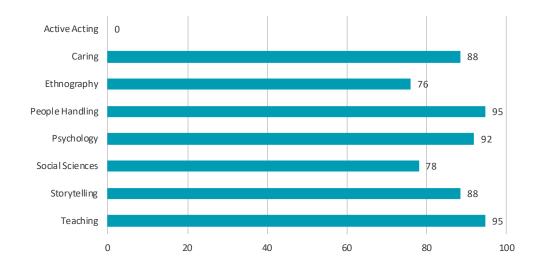


Fig. 9. People Handling Talents

0 ... 19.99 Low 20 ... 39.99 Moderate 40 ... 59.99 Strong 60 ... 79.99 Very Strong 80 ... 100 Extremely Strong

Discussion

Tends to refer more than known facts and principles.

Relationships

Has a good ability to establish new contacts.

Making Contacts

Enterprising

Open and easy-going with strangers. Finds social situations non-threatening. The search for new contacts is often confined to a group in which others are readily identified as being similar or as possessing some type of elevated status.

Making Friends

Charming

Attracts others with charm. Proficient at carrying a conversation. Eloquent speaker and excellent storyteller. Manner of dress, speech and behavior display an affinity for the dramatic.

Home and Family

Family is not the main point of interest but is increasing in importance. Demonstrates dynamic caring behavior but reaches a state of boredom quickly.

Sociability, People Handling

Open and friendly

Elegant and always concerned about looks; seeks reassurance of attractiveness and seeks others' approval of ideas and actions.

Believes all contributions are of importance and value and desires to be noticed and appreciated for personal ideas and vision. Focused more on self than others.



5.2 Management and Leadership

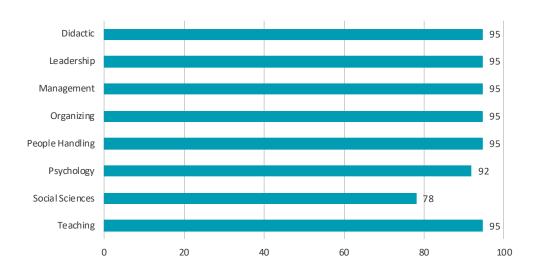


Fig. 10. Management and Leadership Talents

0 ... 19.99 Low 20 ... 39.99 Moderate 40 ... 59.99 Strong 60 ... 79.99 Very Strong 80 ... 100 Extremely Strong

Decision-Making Type

Improvisational

Decisions made by default, as the result of choices which were previously made. Foresees only the very near future, optimistically assumes that the events of the distant future will unfold so as to meet expectations.

Organizational Type

Critic of the organization

Feels compelled to organize matters themselves only in instances where personal freedom may be infringed upon. Readily identifies weaknesses in existing organizational structure and is quick to comment.

Attitude Towards Authority

Contrary

Opposes only those rules, which restrict and/or prevent expression of personal freedom. Protests against any such restrictions and contravenes them. Opposed to coercion and violence.



6. SPORTS SPECIFIC RESULTS

6.1. Sports Related Passions

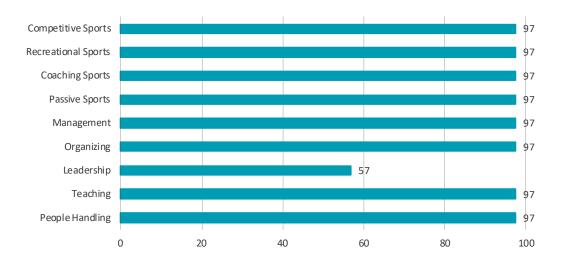


Fig. 11. Sports Related Passions

0 ... 19.99 Low 20 ... 39.99 Moderate 40 ... 59.99 Strong 60 ... 79.99 Very Strong 80 ... 100 Extremely Strong

6.2. Team Sports Roles Potentials

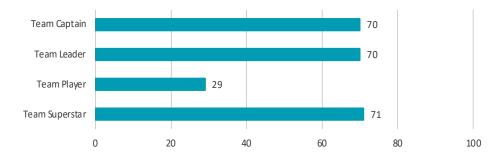


Fig. 12. Team Sports Roles Potentials

0 ... 19.99 Low 20 ... 39.99 Moderate 40 ... 59.99 Strong 60 ... 79.99 Very Strong 80 ... 100 Extremely Strong



6.3. Training

Learning Pattern Moderate

Capable of learning by association ('intelligent learning').

Bound to overlook details.

Strategies for Training Will respond positively to both individual and group training.

Visual aids, group discussion and self-study are all recommended.

Requires a lot of rehearsal and repetition.

Techniques for Training Does not like memorization. Must therefore be given plenty of opportunity to

practice and rehears newly acquired skills and knowledge to be able to absorb it

permanently.

Likes to draw attention and participate in discussions and brainstorming

Easily distracted, cannot concentrate for long periods. Learning must be fun.

6.4. Technique

Training Preference Style Competitive drills

Prefers drills which include a competitive challenge and that vary, with minimum

repetition of the same subject.

Technical Complexity 70.76 Very good

Can practice technical elements without necessarily splitting them into

sequential phases. Repetition of full technique is the most effective way to

learn.

6.5. Tactic

Tactical Type Improvised

> The strength is to improvise the competition with a little bit of structure. The competition cannot be fully organized. Only the tactical principles have to be established. Needs space for improvisation, which becomes a strength when the

team is under pressure.

Understands and applies very complex strategic and tactical concepts of the Tactical Complexity 80.45

game.



6.6. Competition

Competitiveness 20.01 Moderate

Likes to win, but will find many reasons (explanations) why the competition was

lost.

Competition Plan Focus 84.79 Extremely good

Never change the strategy and plan set-up before the competition. Sometimes needs a reminder to be flexible in order to adapt to changes during the

competition. In particular, a static perfectionist or static with low tolerance will

reject any changes.

Response to Pressure Very good

Takes pressure as a personal challenge to display one's talents.

Decision Accuracy Recklessness

Makes decisions based on a couple of options.

Level of Energy Very high

Ability to perform intense competition and practice long intervals. In both competition and practice situations full rest is not needed. Physically could be

challenged all the time.

Recovery Time Very high

Recovery is natural; doesn't need extra effort. Changing time zones comes

naturally and does not need to be monitored.

Response to Overtime Very good

& Penalty Shot (Kick)

Takes a risk while understanding the consequences. Will feel comfortable and

challenged. Can handle physical and psychological pressure.

Demonstration Pretentious

of Emotions Emotions are emphasized. Shows more than feels.

Perception Own look

of Environment Other than imagination needs grounding in personal environment: own look,

manners. Likes to be admired for personal characteristics. Good environment is being focus of recognition and attention. Likes to travel and change teams; no

home base.

Attitude to be Organized Criticism of organization

Feels the need to organize own things or thoughts, but lacks direction and would

like someone else to take responsibility for organization. However, likes to

criticize.